

New Year's Bab

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ELK POINT VIEW

Tuesday, February 8, 2005

vol. 25 no. 6

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Bienvenue á / Welcome to Elk Point!

F. G. Miller High School's French Exchange participants welcomed their 'twins' from St. Charles École Secondaire in Pont-Rouge, Québec to Elk Point on Sunday night, as the long-awaited visitors arrived for their six-day Alberta experience. Québec visitors and their local host students (in brackets) are, not in order: Cassandra Auger (Melissa Frisby), Mélodie Beaupré (Terri White), Gabrielle Delisle (Sage Lowry), Frédérique Doré (Sabrina Stewart), Emy Gauthier-Robitaille (Justyne Wozniak), Michaël Gendron (Tellia Loughran), Véronique Gendron (Lisa Kozicky), Mélanie Godoin (Nicole Labrie), Guillaume Lamarre (Cassy Cochrane), Roxane Laroche-Paquet (Jessica Priddle), Annick Lavoie (Diedra Nelson), Stéphanie Léveque-Bussièrès (Brittany Ballas), Karel Noreau-Lahoud (Natalie Maas), Marjorie Parent (Sara Kozicky), Audrey Richard (Nicole Labrie), Cindy Romano (Emily Mosley), Hugo Savard (Rosie Jurak), Jessica Simard (Natasha Scott), Claudia Tessier (Natalie Maas), Simon Tourangeau (Craig Dallaire), Hugo Tremblay (Tyson Sommerville). Local supervisors are Mme. Lily Pentek and Cheri Lindquist, while M. Couture and Ms Alain accompanied the visitors.

VICKI BROOKER PHOTO

Chamber still needs president, VP

By REVIEW STAFF

Nomination committee chairman Jonny Nielsen had "nothing new to report" at last Wednesday's meeting regarding his efforts to find a new president and vice president to take over operation of the Elk Point Chamber of Commerce after the February 16 annual meeting.

Current president Rod Randall, whose other commitments do not allow him to stay on for a second term, hopes members will come forward to fill the positions because "I would hate to see the Chamber left with no executive."

The Chamber would not be left totally without an executive. Treasurer Sandy Smith and secretary Vicki Brooker have already agreed to stay on in those positions, but need the leadership to carry on the work of the Chamber.

Nielsen noted that those who are eligible to sit on the Chamber's executive include not only business owners, but "could be employees" as well. Interested individuals are urged to attend the February 16 Annual General Meeting, which will be held at 6:00 p.m. at the Empress.

Looking ahead to summer and the tourist season, The Chamber agreed to apply for a Summer Temporary Employment Program (STEP) grant. Some thought was given to moving the tourist information booth to the Iron Horse Trail staging area, now that power is available there.

Town manager Myron Goyan noted that two sizeable grants have been received for development of the staging area, which is scheduled to take place this year. No further word has been received on the cabin that Elk Point Trailriders Snowmobile Club hoped to locate on the site.

Randall isn't "convinced that that's the right place for the information booth. It may go there sometime, but it will stay where it is for this year."

Still in tourism season planning mode, the Chamber gave the go-ahead for Vicki Brooker to attend the Rural Tourism Conference in Camrose in early March.

Nielsen had two suggestions for upcoming projects to promote community development. The first was a survey of customers and residents to see what additional businesses they would like to see in the community. Marwayne conducted a survey of this sort, he said, with the result that 10 new businesses opened in that community. This was seen as a workable idea, with a further suggestion made that results could be posted on the Town's website.

The second suggestion was to look into the possibility of establishing a casino here, to create jobs, keep money in the community and bring people to town. Randall agreed to contact the gaming commission and see what the requirements are for a project of this nature.

Dinner cancelled, but jamboree's a definite 'go'

By VICKI BROOKER

Review Staff

When not a single ticket was sold for the "From the Heart" Valentine's dinner by last Saturday, coordinator Sherry Milholland and her crew knew it was time to move along to "Plan B."

"We've cancelled the dinner, and contacted the donors to let them know we'll need less food than originally planned. But we have the hall, we have the sound system, we have performers. The Valentine's Jamboree is definitely going ahead, and we'll have a really nice lunch for everyone," Milholland said.

All door receipts from the Jamboree, which is slated for 8:00 p.m. Saturday at the Elk Point Seniors' Recreation Centre, will go to the Canadian Red Cross Tsunami Relief Fund, as planned.

Doors open at 7:30 p.m. and everyone - including more performers - is welcome.

Funding cuts threaten healing program

By MICHELLE HULEY

Special to the Review

A year of healing circles, retreats and sweat lodges may have helped a number of area aboriginal people to begin dealing with the emotional impact residential schools created, but the lack of funding is leaving them unable to continue the internal work they've begun.

"We work with people, the abusers and the abused," explained Mannawanis Native Friendship Centre executive director Theresa Whiskeyjack of the men's and women's healing circles, Healing together - A Sacred Journey, initiated through federal funding intended to help people who had been in residential schools and their families.

"It's sad. We only just started chipping away at the tip of the iceberg," Whiskeyjack said. "I'd be sad if we lost this program. I'm hanging on. It's like I'm hanging on with this thin piece of thread and any minute it's going to snap. It's people's lives. Why are we playing with people's lives?"

"We tried really hard not to start and not finish," Whiskeyjack said, adding the program was facilitated through a psychologist from Edmonton specializing in emotional scars left by abuse suffered in residential schools. "They open up this can of worms, and now what do you do?"

"Without the dollars, what do you do?"

Whiskeyjack said funding ended in October, but some

local funding was found to continue the program for a short while. She's now desperately searching for another source.

The effects of the residential schools are felt not only by survivors, Whiskeyjack explained. "It's not only directly, it's generational."

Whiskeyjack said her mother and both her grandparents attended residential school. "All my significant role models."

She said she depended largely on an aunt to provide nurturing as her mother and grandparents never learned how, a characteristic common among survivors. "It's a lack of parenting skills, a lack of positive role models. Definitely, there's no nurturing skills. I don't remember my grandparents hugging. My grandmother was very strict. It really affects you in the way you look at like itself."

The healing program was a first for many of the sur-

vivors, Whiskeyjack said. "They were actually learning how to feel," she said, adding many of the elders participating in a retreat were able to confront feelings for the first time, many which had been locked away for a lifetime. "Some of the elders broke down. This was the first time they felt safe. How do you expect to be strong and help others if you don't look after yourself?"

"You're in your 70's and 80's, all of a sudden, you go back and walk that journey again."

Fund previously provided paid for the psychologist, for space at the friendship centre, retreats, wages for two people, supplies and an honorarium for the elders.

"I don't know," Whiskeyjack said. "We tried to get a support system in our own community. No one wants to talk about it. No one even wants to say the words - sexual abuse."

Area participants qualify for inaugural 55 plus winter games

COPY SUBMITTED

Ninety-five participants from Zone 7, North Eastern Alberta, have qualified to take part in the inaugural Alberta 55 Plus Centennial Winter Games.

The Alberta 55 Plus Centennial Winter Games 2005 will take place in Edmonton from Feb. 23 to 25. The Games will involve approximately 1,000 participants from across the province taking part in 12 different activities. Participants are 55 years and older and have competed at eight regional Alberta 55 Plus (ASCRA) zone playoffs to earn the opportunity to represent their zone at the games.

The opening ceremonies will kick off the games on Feb. 23 at 6:30 p.m. The following two days will be filled with exciting competition and social activities, ending with the closing ceremonies on Feb. 25 at 5:45 p.m.

ASCRA believes that every individual 55 years of age and over has the fundamental right to the opportunity for enrichment, fulfillment and improved quality of life and health through a broad variety of recreation, sports and organized games. ASCRA provides a unified voice and a sociable atmo-

sphere for older adults to engage in physical and other activities at the level of their choice.

The following is a list of the St. Paul area athletes who qualified:

St. Paul: Elsie Dupont, five-pin bowling; Mark Krevinky, five-pin bowling; Mary Kruse, five-pin bowling; Gloria Yettaw, bridge (duplicate); Ken Yettaw, bridge (duplicate); Paul E. Boisvert, cross-country skiing - men; Marlene Boucher, ice curling; Claudette Gottenbos, ice curling; Judy Morgan, ice curling; Ollie Zapisocki, ice

curling; Cecile Bielech Cook, table tennis; Howard Cook, table tennis.

Elk Point: Lucille Smith, five-pin bowling.

Glendon: Larry Aylesworth, hockey.

Saddle Lake: Louis Lapatack, hockey.

Two Hills: Ethel Albrecht, carpet bowling; Zenovia Keryluk, carpet bowling; Elsie Rybak, carpet bowling; Steve Serna, carpet bowling.

Vilna: Dan Fleming, hockey.

Healthy U Goals

INFORMATION SUBMITTED

In January 2002, the Alberta government accepted the recommendations of the Premier's Advisory Council on Health report and responded with an action plan to build a better public health care system.

One of the key directions of the action plan is staying healthy and improving the health of Albertans. This direction relates to the Premier's Advisory Council on Health recommendation that Albertans be provided "with better information about how to stay healthy."

The goals for the program are:

- * To encourage and support Albertans to become more physically active and in eating healthier and more wisely;
- * To increase the number of Albertans who are physically active;
- * To increase the number of Albertans who eat at least five to ten servings of fruits and vegetables per day.

Elk Point and District Chamber of Commerce

2005 Annual General Meeting

Wednesday, Feb. 16, 2005

6:00 pm - Empress Banquet Room

All members urged to attend and give their input for 2005 operations.

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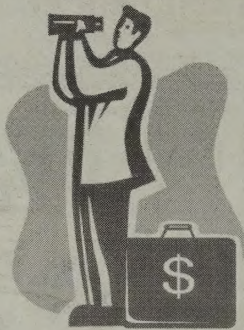
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Elk Point branch: Feb 28 & Mar 1 till 8:00 pm
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Myrnam branch: March 1 till 8:00 pm
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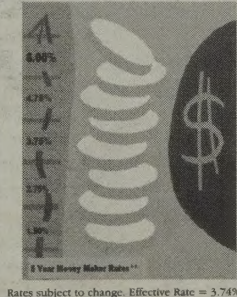
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By Cst. R. TREMBLAY

Elk Point RCMP

Sometime between 11:45 a.m. and 8:00 p.m. on January 18, 2005, a hit and run occurred to a blue Chevrolet Cavalier parked in front of a residence on 51st Avenue and 50th Street. The damage is to the front driver's side corner and exceeds \$1,000.

Anyone with information is asked to call Crime Stoppers at 1-800-222TIPS (8477) or the Elk Point RCMP Detachment at (780) 724-3964.

Crime Stoppers will pay up to \$2,000 for information leading to the arrest of the person(s) responsible for this or any other crime. You do not have to reveal your identity and if your tip leads to and if your tip leads to an arrest you qualify for an award.

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HOMETOWN COMMUNITY SPIRIT
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Elk Point takes healthier lifestyle challenge

By Vicki Brooker
Review Staff

Elk Point is joining communities large and small across the province in the Community Choosewell Challenge, a cooperative effort aimed at motivating and encouraging Albertans to develop healthier lifestyles by eating better and becoming more active. The challenge is supported by Alberta Health and Wellness, Community Development and Municipal Affairs and the Alberta Recreation and Parks Association.

Public health nurse Mona McGinnis heads Elk Point's Choosewell Challenge committee, and says that dealing with the rising trends to obesity and physical inactivity are the factors behind the challenge.

"Between 10 and 20 per cent of Canadians are obese, and it's considered an epidemic because it's more than 10 percent."

Obesity and physical activity are blamed for a number of health problems, ranging from type two diabetes, cardiovascular disease, osteoarthritis, gall bladder disease, insulin resistance and some cancers to respiratory problems, sleep apnea, impaired fertility and psychosocial problems.

Under the Healthy U campaign, a challenge has been issued to communities, which must show that they are committed to working toward a healthier Alberta by encouraging their residents to eat better and become more active through programs and activities offered by the municipality and other groups. The communities will be judged on their programming, promotion and innovation.

"The Town of Elk Point has agreed to be part of the challenge," McGinnis said, and recently received large road signs indicating their participation. Two of the

signs have been installed at the north and south entrances to the community, and the location of the third is still being debated. "I'm going to Council next week to discuss where it will go."

The idea of the Healthy U campaign is "that this will be the prevailing message: healthier choices all the time, everywhere we go," McGinnis says.

The physical activity component "doesn't have to be in the form of organized exercise," she emphasizes. "When you've got 10 minutes, go for a walk."

McGinnis has until February 15 to submit a progress report listing and describing activities underway in the community. She says many activities are underway that "we take for granted," from the group walking in the school hallways on winter evenings to the bale maze that the youngsters enjoyed during Christmas Extravaganza.

The Town and County cooperated with the many people who routinely walk the circle route from 54th Street past the elevator and back in on 50th Avenue, by changing speed limits and posting the route to make motorists aware that walkers used the route, McGinnis says. "That's what you call working together." The Town has also widened and repaired sidewalks and installed ramps at corners to make access easier for walkers, and the school and Elks Hall opened their doors to walkers, she said. "It's all those itty, bitty things."

"What we need to do is

make people aware of what's out there, and capitalize on what we're already doing."

Elk Point has lots to offer those looking for exercise opportunities, McGinnis noted. "We have the Iron Horse Trail, the river and the hills. I don't know what more people could want."

In 2001, Aspen Health Region had the highest incidence of obesity in the province, McGinnis said. "So much is automated, we use remote starters instead of going outside to start our vehicles, we don't dry our laundry on clotheslines, and good food is available," all of which contribute to the problem. She noted a higher incidence among lower socioeconomic groups "who can buy more calories than nutrition."

Registered dietitian Linda Fox is part of the committee, and plans to work with the Elk Point Co-op to get nutrition information out to area residents, and McGinnis says, "the schools are really on this too. The message is going out everywhere."



Elk Point's 2005 New Year's Baby

Alexis Paige Krider, who arrived January 5 in Bonnyville, was the first baby born to a family from the Elk Point area this year. Carolyn Onusko and Lois Sharek, presented Alexis and mom Donna with a nice array of gifts from the Elk Point Health Centre Auxiliary, who agreed with the suggestion of public health nurse Mona McGinnis to revive the custom of honoring the New Year's baby, even though no births take place in our local Health Centre. Alexis weighed in at 7 lbs., 1 oz., and was 19 inches long at birth. She is the fourth child for Donna and Kelly Krider, who also have twin girls who will soon turn four, and a one-and-a-half year-old son, all of whom are very excited about the new arrival.



Anne of Green Gables
THE ELK POINT CHOIR will be presenting a
Special Matinee of Anne of Green Gables
on Saturday, March 5, 2005
at 1:00 pm in the Elk Point Elks Hall.
*This presentation is open to all School Groups and
other Organized Youth Groups at a cost of \$10.00.*
**FOR TICKETS
PHONE 724-3785**

From The Heart
VALENTINE'S JAMBOREE
All proceeds to the Canadian Red Cross
for Tsunami Relief
Presented by Elk Point Chamber of
Commerce and their community partners
Saturday, Feb. 12, 2005 at 8 p.m.
Elk Point Seniors Centre
Doors open at 7:30 p.m.
Admission \$10.00 includes lunch
Admission free for performers
PERFORMERS PLEASE CALL 724-4087 TO REGISTER

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EDITORIAL

It wouldn't be the first time for Chamber

Chamber of Commerce president Rod Randall's remark last week that he would hate to see the Chamber without an executive, sparked recollections of a disastrous year when that, in fact, did happen.

Back in the mid-1980s, the Chamber underwent a period of unrest and disharmony. The president quit in mid-term and no one was willing to replace him. The Chamber was left in limbo for six months, with only a secretary and treasurer in place. There were no meetings and no projects could be undertaken. About all the skeleton crew of two could do was pick up the mail, from October until March, when things got back on track.

That, of course, was back before the Chamber took over the Christmas lighting contest from the Town, and before the advent of Christmas extravaganzas.

At the current time, the Chamber is in good financial shape, everyone gets along well, and the past year's projects were an unrivaled success. It would be a great time to take over the leadership of a successful organization. Hopefully, someone will agree to do just that.

Way Back When...

Changes planned for highway, health care

HEADLINES FROM THE ELK POINT REVIEW AND LAKE LAND REVIEW FOR THE WEEK OF FEBRUARY 8 IN...

1985

The Town of Elk Point met with Alberta Transportation to discuss plans for widening Highway 41 through Elk Point. Members of the Elk Point Community Impact Assessment Committee celebrated completion of their seven-month project, which committee chair June Stone called "the best damn study ever. It's been a lesson to us all."

1990

Elk Point Pacers men's basketball team brought home gold medals from the North East Alberta Winter Games, while Dennis Jasinsky Jr. won a silver in Biathlon and the girls' handball team also brought home silver medals. Alvina Schuhmacher resigned from Town Council after six years of service, saying she didn't have time to do the position justice.

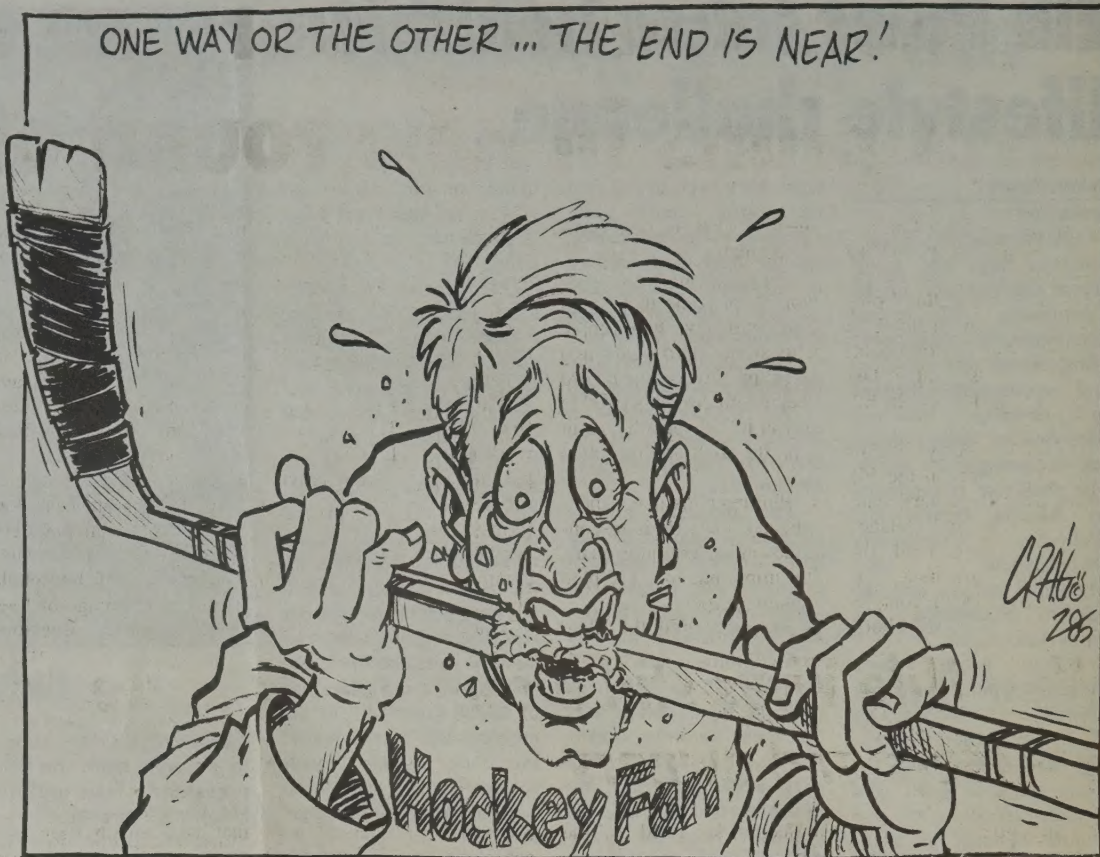
1995

Close to 300 concerned residents packed the Seniors Recreation Centre in response to a draft paper on health care delivery in the Lakeland Health Region which listed Elk Point as one of 10 hospitals slated for change from acute care facilities to community health centres. School trustee electoral boundaries were the subject of a series of meetings within the area of the new St. Paul Regional School Division #1.

2000

Ice plant problems sent curlers and fans home early from the 17th annual Oilmen's Bonspiel, although Roger Van Den Bossche and his Ried's Welding rinkmates were able to complete the championship game with a win over Bar Engineering before the ice got too soft. Eugene Buck became a third generation president of the Chamber of Commerce, of which his grandfather, Eugene McDonnell was founding president in 1938 and his father, Ed Buck was president in the late 1980s.

The Elk Point Review publishes a variety of opinions as a contribution to debate on matters of public concern. Unsigned editorials express the view of this newspaper's editorial board which includes the Publisher and the Editor. Signed pieces express the view of the individual writer.



GUEST COLUMN

February, from the heart

February is such a wonderful month. It is Heart and Stroke Month for those who wish to donate to that cause. And of course on February 14, it is Valentine's Day which all the sweethearts will remember. Then on Monday, February 21st, it is Family Day. So really, it is a month "from the heart."

Speaking "from the heart," I would like to talk about the relief given to the tsunami victims of December 26, 2004. In the aftermath of southern Asia's devastating tsunami, humanitarian aid was received from all around the world. It can be said that "compassion knows no boundaries." Many individuals, companies and agencies sprang into action and found ways to give aid or service. Medical supplies, body bags, hygiene kits, clothing and shoes, tents, tarps, food and water were quickly gathered and sent to the area. After assessment it was learned that "Atmit" was needed immediately to help fight the malnutrition which started to manifest itself. This went to those near starvation to help bring their system back so they can eat rice and a more typical diet. Thank goodness help came forward. It is interesting that today, television is covering some miracle stories of the survivors. How some people survived is really a miracle.

What happened on December 26, 2004? An earthquake of epic power struck deep beneath the Indian Ocean, unleashing 20-foot tidal waves that ravaged coasts across thousands of miles, killing at least 150,000 people, injuring more than 500,000 and leaving millions homeless. From the International Tsunami Information Center, I learned that "Tsunamis travel outward in all directions from the generating area, with the direction of the main energy propaga-

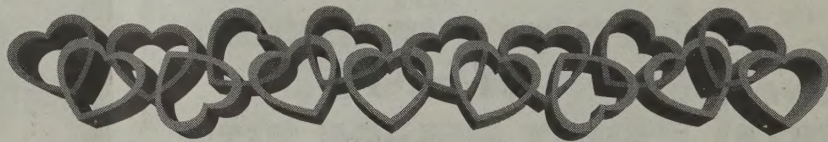
tion generally being orthogonal to the direction of the earthquake fracture zone. Their speed depends on the depth of water, so that the waves undergo accelerations and decelerations in passing over an ocean bottom of varying depth. In the deep and open ocean, they travel at speeds of 500 to 1,000 kilometers per hour (300 to 600 miles). The distance between successive crests can be as much as 500 to 650 kilometers (300 to 400 miles), however in the open ocean, the height of the waves is generally less than a meter (three feet) even for the most destructive teletsunamis, and the waves pass unnoticed."

This explains why a boat that survived recognized what was happening on the ocean and made the decision to go out as fast as they could to the deep part of the ocean rather than go to shore. Another story is of a life guard who recognized the ocean wave from a distance and quickly told all those on the beach to run. Those people had their lives saved. One person who survived was thankful he happened to watch the "Discovery Channel" on television where the signs were explained. There are many other stories. The problem is that the power of a tsunami is so great and so fast that nothing except a miracle has a chance to survive.

In Elk Point, if you have not been able to help in some way to date, and you still feel you would like to help, you will have the opportunity on Saturday, February 12, 2005. Come to the Seniors Centre to enjoy the entertainment. The cost of admission for this evening will be donated to help victims in the aftermath of their tragedy. You will be helping agencies to look more closely at real long term recovery needs.



deanna
EASTHOPE
from the FCSS desk



ELK POINT REVIEW

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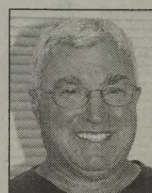
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Vicki Brooker
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Farmers continue work on environmental farm plans in new round of workshops

Two more farm families took another step toward designation as environmentally aware agricultural producers as they handed in completed Environmental Farm Plans at last Saturday's workshop in Elk Point.

Facilitator Perry Phillips says participants in the Elk Point area, like other localities where he and Delaney Anderson have held the workshops, "are in a wide range of stages of completion" of the workbook

sheets leading up to a completed plan.

"Some came to one workshop, some to two. In Bonnyville, we had people who started two years ago and slipped out of the record keeping process. It's good to stay at it, but some have put it on the shelf and forgotten it."

Phillips adds that, "theoretically, the idea is to continue on an ongoing basis. It's important that the plan remains perpetual."

In completing the plan,

Phillips told participants, "you have made yourself aware of the conditions that exist. When your plan is complete, you should review it annually, and get it restamped."

Phillips says that since he first started holding the workshops, "a lot more people are talking about [environmental planning for farms]. Now that money is available for those who have completed plans, it has hit home."

One thing he's noticed is

that "small operators put as much work into their plans as large operators. We're pleased."

Completion of a farm plan involves assessing natural risks, such as soil and site characteristics, and management risks in both farmstead and fields.

Water sources, storage of pesticide and fertilizer, storage of petroleum products, disposal of farm wastes, management of household wastewater, storage of livestock manure, livestock

yards and wintering sites, silage storage, nuisance control and energy efficiency are all considered in evaluating farmstead risks.

Field management risks involve soil management, nutrition management for crop production, manure use and management, horticultural production, crop and pasture management, irrigation, pest management, water bodies, woodlots, bush and shelterbelts.

Once risks are assessed, the participant begins to assemble their farm plan, listing areas found to be of concern as the various worksheets were completed. For each concern, the participant then lists actions, compensating factors or monitoring procedures to be

undertaken in the short term, within two years, or in the long term, more than two years.

When the plan is completed, it is submitted to Phillips, who presents it orally to a board for review and comments. Those whose plans are approved receive a gate sign which they may proudly display to indicate that they have successfully completed their plan and are aware of the implications of environmental risks in their operation.

A new group of participants was scheduled to start the process Saturday afternoon, and plans were also underway for a workshop in Heinsburg, to give easy access to even more farmers in the area.

West Nile Virus still a concern for horse breeders and owners

COPY SUBMITTED

At the 2005 Horse Breeders and Owners Conference held in Red Deer on January 7 to 9, 2005, Dr. Larry Friske spoke to more than 500 delegates about West Nile virus (WNV).

"After the initial appearance of this disease in 2001 and the dramatic and rather alarming surge in cases across North America in 2002 and 2003, last year's significantly decreased number of cases, although

welcome, surprised us," he said.

Friske attributed the very low number of WNV cases to the untypical weather in the spring and early summer of 2004. Mosquitoes, including the Culex tarsalis that is the main vector of the disease, need heat. "Heat is needed for the West Nile virus to incubate and for mosquitoes to hatch in their usual numbers," he added. "We were fortunate that cool, wet conditions prevailed at the correct times to keep the virus and mosquitoes in check."

"While there were only four lab confirmed cases of equine WNV last year, the virus is still present and it is strongly advised that horse

owners and breeders do not get complacent," says Les Burwash, head of horse programs with Alberta Agriculture, Food and Rural Development, Airdrie. "The vaccine is reported to be 95 per cent effective and tests have shown that horses immunized against this virus have considerably higher resistance to infection."

Timing of inoculations is important so that horses are well protected by the time mosquito populations are at their peak. It is recommended that two inoculations be given in the first year, timed a month apart with the final shot being given five to six weeks before mosquitoes become a problem. Horses

that have already been vaccinated require yearly boosters in May or early June for maximum protection.

For information on equine vaccinations against WNV, Eastern Equine Encephalitis, Western Equine Encephalitis, tetanus, influenza, rhinotracheitis and other diseases Alberta horses should be protected against, contact your veterinarian.

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Snapshot of women and poverty

SPECIAL TO THE REVIEW

Pictures can tell a very effective story alone and Photovoice wants residents of St. Paul and surrounding area to share their observations on poverty with them through photographs.

The project was originated by 12 women in Calgary who wanted to document their lives through pictures and written narrations. They all come from different backgrounds but their stories were the same, each one was living with crippling poverty. Through their creative work their goals are to bring about social action through their exhibits and involving people in their own projects to show the public and government how women and their families are suffering in low income lives.

They have shown their work in Calgary, Edmonton and Saskatoon. Two of the project's artists are coming to Blue Quills First Nations College on Feb. 10 to display their work, and host discussions on poverty in St. Paul and Alberta as a whole. The show runs from 1 to 4 p.m., everyone is welcome.

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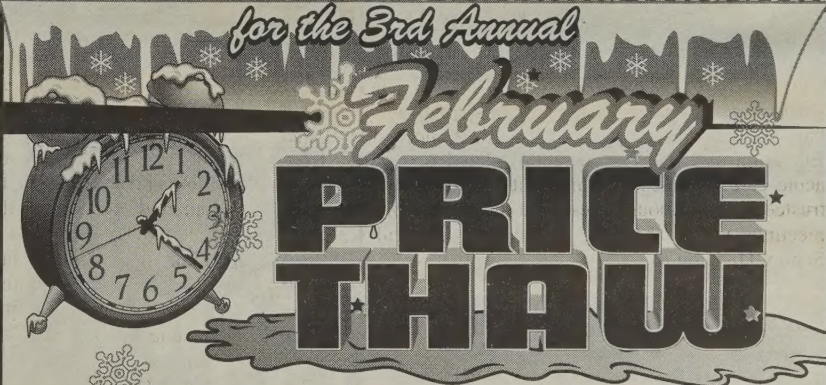


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Busy week ahead for exchange hosts, Quebec visitors

By VICKI BROOKER
Review Staff

When 21 students and two supervisors from St. Charles École Secondaire in Pont-Rouge, Québec got off the bus in Elk Point on Sunday evening, they landed head-first in a whirlwind of activities aimed at showing them the highlights of life in Alberta.

The guests and their hosts will be kept busy all week, from their pizza party welcome until they part company in the wee hours of Saturday morning.

Monday's activities included participating in a school assembly on Monday morning, touring a local bison farm in the early afternoon, and trying their hand at curling later in the day, before going home for dinner with their host families.

This morning, the visitors and hosts were up early for a 7 a.m. departure for

Edmonton, where they will tour the Alberta Legislature, visit the Muttart Conservatory and enjoy an afternoon at West Edmonton Mall, visiting the wave pool and amusement park as well as doing some shopping.

Tomorrow they will gain insight into the cultures of the Elk Point area as they take part in cooking and crafts at the school, before climbing aboard a bus headed for an overnight stop in Airdrie en route to Banff. Arriving in Banff on Thursday, they will have their choice of skiing or visiting the hot pool and gondola lift, before returning to Elk Point that evening.

Friday the group will tour Cold Lake air base and the CNRL heavy oil plant, returning to the school for a potluck supper and a show of local talent.

The visitors leave Elk Point at 4:00 a.m. on Saturday to catch their flight home.

Tiger's Pride going strong at Elk Point Elementary

Information Submitted

Students at Elk Point Elementary School continue to be honored for their kindness to fellow students, with monthly draws of the names of thoughtful students who would take home a "Tiger's Pride" t-shirt to recognize their good citizenship.

November's winners were: Austin Stafford, KA; Erica Hynes, KB; Devin Best, 1A; Clarissa Gusnowski, 1B; Kevin Tuliao, 2A; Tamelle Pilisko, 2B; Madeline Ludlage, 3A; Bobby Bazian, 3B; Aaron Graus, 4A; Jarred Vallee, 4B;

Tana-Lynne Pelletier, 4C; Wyatt Dewan, 5A; Tyson Moneta, 5B; Gregory Babcock, 6A; and Maci Murfin, 6B.

In December, the winners were: Chansie Botting, KA; Matthew McAnally, KB; Ashton Ewasiuk, 1A; Spencer Young, 1B; Brittney Ference, 2A; Jackson Kjenner, 2B; Tyler Ockerman, 3A; Haylee Ference, 3B; Tia Lowry, 4A; Kara Boyko, 4B; Kaitlyn Magosse, 4C; Jessica Armstrong, 5A; Josh Aarbo, 5B; Seanna Ewasiuk, 6A; and Brendan Bishop, 6B.

Coming attraction at EPE:

Students are already hard at work preparing their entries for the Science Fair, which is slated for Tuesday, March 8. Mark your calendars for this special event, which showcases the research and creativity of these scientists of tomorrow.

Tree of Hope raises \$760 for Palliative Care

By GRACE KINJERSKI

Elk Point Palliative Care

Bless all the folks in the community that keep the Palliative Care room at Elk Point Health Centre in operation with their generous donations to the "Tree of Hope." Our community Palliative Care Room has once again this year been a place for families to stay close to their loved ones on long hospital stays.

Listed below are the donors of white memorial lights, lit in memory of Fred Poitras by Leatha Ockerman; Tom McLennan by Cathy Lindquist; William Paquette, Sarah Lundgren and Ralph Lundgren by Loretta Paquette; Walter Zuk, Madeline Levasseur and Joe Zuk by Paulette

Levasseur; Jean and Harry Kozicky by Darlene and Calvin Kozicki; Jean and Paul Dacyk by Linda Kurek and family; Dennis Berg, Arvid Berg, Helen Wallace, Mary Polege and Glenda Burritt from Ann and Howard Berg; Melvin McGinnis and Al Lampert by Donna Kondro; Denny, Barry and Ross Maas by Peggy Maas; Leonard Berg by Norma Berg; Walter Yaremkevich and Lilly Sass by Lois Yaremkevich; Paul Moneta by Leona Moneta and family; Myrna Reinhart and Mike Ruzycki by Olga Ruzycki; Annie and Mike Sheplaw by Phil and Vickie Sheplaw; Mary Kinjerski and Harry Blacklock by Grace and Bobby Kinjerski; Carl Ockerman

by Olga Ockerman; Mike Shymkiw and Nick Jan-kovic by Katherine Shymkiw; Lilly Sass by Clara Ference; Roy Radies from Betty Radies and the families of Mandy, Debbie, Shane, Heather and Roy Jr.; Mary Piotrowski, Taka Piotrowski and Rudolph Piotrowski by Walter Piotrowski; Anton Zarowny by Phyllis Zarowny; Nancy Heinemann, Leonard Berg, Arvid Berg, Melvin McGinnis and Isobel Valentine by Chris McFadyen; John and Jenny Andriaschuk, John and Annie Seniuk by Olga and Bill Seniuk; Paul Stepa and Gladys Drobot by Lil and Larry Demchuk; Melvin McGinnis and Al Lampert by Jean McGinnis. Loved ones remain dear and close to heart to their family and friends.

Blue lights reflected special thoughts for: Steffie McLennan from Cathy Lindquist; all those who have spent time with loved ones, the loved ones who have come and gone. We've seen a few and bless them all from Hazel Hannah and Lucille Smith; daughter Carole from Leatha Ockerman; Jean Ference from Clara Ference; all residents from Myrna and Orest Fedorus and Meryl Valentine; all residents of Parkview from Carolyn Onusko and volunteers at Parkview and Zelma Krucik; all long term care residents from Theresa McNamara; Karen Kozicki from Darlene and Calvin Kozicki.

Multicolored lights expressed season's greetings to all, from Elk Point Truss Ltd., Lucille Smith and Hazel Hannah; Clara Ference; Betty Radies and families; Tom and Linda Kurek and family; and the members of the Palliative Care committee.

A total of \$760 was donated by these very generous people, and Elk Point Palliative Care is very appreciative of their kindness.

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- 6 Pack Round or Square Snakeskin textured candles @ \$1.99 (compare at \$8)

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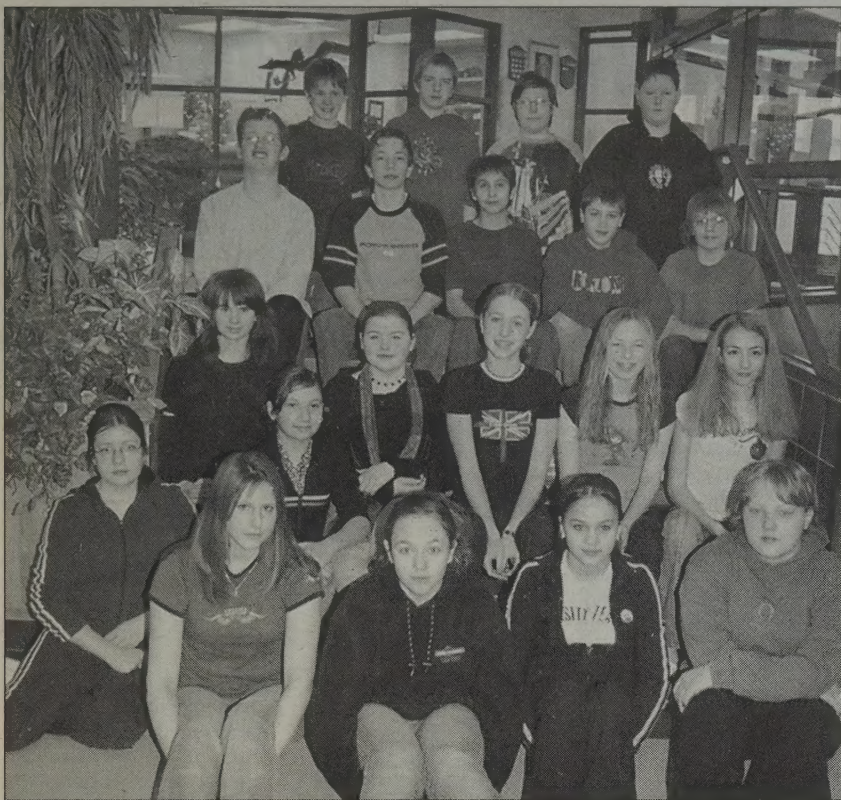
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Grade 7

Grade 7 Academic Honours went to: Dusty Frisby, Milo Smith, Amber Sadowinski, Alyxandra Aarbo, Josh Gadowski, Brett Lindquist, Kameron Ballas and (not shown) Oliver Buck; Honours to: Shalene Bezpalko, Mike Czerkowski, Amber Babcock, Tanner Shankowski, Robin Maennchen and (not shown) Dylan Loughran and Steven Lajimodiere; Honourable Mention to: Lacy Wandler, Quillan Lowry, Jordana Quist, Taylor Jenner, Ariel Kwasnycia, Katelynn Vallee, Brittany Youngmans and Graham Zarowny.

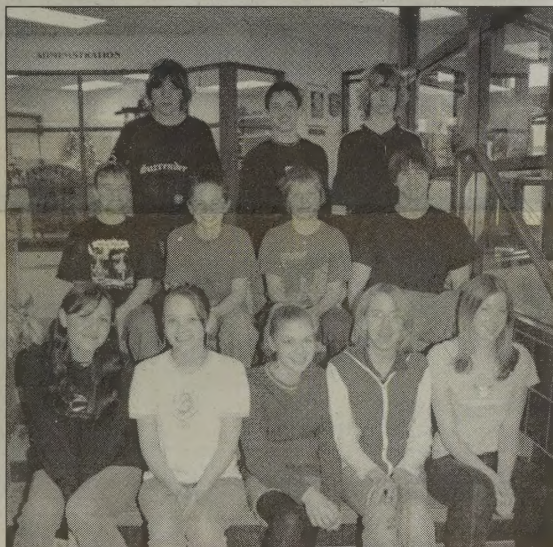


Grade 9

Grade 9 Academic Honours went to: Melissa Frisby, Nicole Labrie, Erin Lindquist, Allan MacDonald, Chelsea Richards, Sabrina Stewart, Terri White and Derek Wruth; Honours to Bailey Youngmans, Adam Zapesocki and (not shown) Colin Routhier; Honourable Mentions to: Jeff Classen, Zoey Kinjerski, Justyne Wozniak and Tyson Proskiw.

Grade 8

Academic Honours went to Nicole Kalynchuk, Corey Smereka, Jeremy Smereka and Eric Mosley; Honours to Robyn Ockerman, Tyson Ockerman and Jason Proskiw; and Honourable Mention to: Megan Derewynka, Skye Dion-McFeeters, James Braga, Andrea Lee and Jayden Dull.



Grade 10

Academic Honours went to: Sara Kozicky, Lisa Kozicky, Sage Lowry and Brittany Ballas; Honours to Brett Youngmans; Honourable Mention to: Jessica Quast, Cassie Cochrane, Roseann Jurak and Daniel Shankowski.



Grade 11

Academic Honours went to: Amanda Poulin, Lisa Braga, Stephanie Ference, Darby Brooker and (not shown) Katrina Robinson; Honours to Olivia John; Honourable Mention to: Karly Shankowski, Samantha Armstrong, Jessica Lee and Marcy Ference.



Grade 12

Academic Honours went to: Jan Kozicky, Scott Lindquist, Travis Lindquist and Val Friesen; Honours to Amy Olstad, Curtis Proskiw, Rachel Cardinal, Melissa Breen and Shyla Bullock; Honourable Mention to Syavasch Aarabi.

The Great Backyard Bird Count is back

By PAUL E. BOISVERT
Review Contributor

Birders from the Town of St. Paul and all areas and communities within the boundaries of the Counties of St. Paul and Two Hills, are invited to participate in the on-line North America Great Backyard Bird Count which runs Feb. 18 to 21 inclusive.

The objective of this count is to identify and quantify the species and numbers of individual birds which are here during this winter season. While many birders will limit their participation to the observation of birds which are in effect in their "backyard," the term is generic in that it can also mean any area where you would normally spend some time during the year enjoying the offerings of nature be it a park, hiking trail, etc.

This is the eighth year of this count,

which provides researchers better a understanding of bird population numbers and distribution across the continent.

There is no fee for participating in this count. Complete instructions on how to participate can be found at www.birdsource.org/gbbc

Even if you are unable to participate in this year's event, this website is the source of very interesting information dealing with all elements of birding. Since this year's GBBC coincides with the Family Day weekend here in Alberta, it is a good opportunity for the entire family to participate together.

Birders from Cold Lake observed 31 species last year and Lac La Biche birders recorded 24 species. Certainly we are able to top the 24 if not the 31 this year.

Harvest workshop for producers

By KAREN MCKINLEY
Special to the Review

Producers, want to maximize the return on your feed stocks? There is a workshop coming to St. Paul that aims to help you do that.

The Lakeland Agricultural Research Association is hosting Maximizing your return from harvested feed, a one-day workshop geared toward producers who want higher yields while working in conjunction with nature. It is aimed at addressing local issues pertinent to producers in a specific area.

The workshop is scheduled to take place on Feb. 10 at 9:45 am at the Recreation Centre. Admission fee is \$30 and includes lunch.

Organizer Leah Froehlich

said it is part of a series of workshops of the same nature in different parts of the province. Back in Dec. 2003, there was a conference on feed and fodder for producers in Red Deer by Alberta Agriculture. Afterwards it was decided by the department there should be individual workshops in central communities to make it easier for producers to attend.

"This way they can do it in one day instead of three so they don't have to get someone else to do their chores while they are gone," she said.

She added St. Paul was chosen to host for the northeast because it was the most central location.

Some of the issues up for discussion include silage harvesting and pasture maintenance. Guest speakers on these topics include Grant Lastiwka, a pasture specialist on stockpiling permanent forages and Dr. Dick Diven, a consultant from Arizona speaking on the value of working in concert with nature to enhance profitability.

The registration deadline was Feb. 4 but Froehlich said that was just to confirm the number of people for food service, the workshop is open to everyone who arrives.

If this meeting is successful, she said Alberta Agriculture may make it an annual event.

Tips for healthy living

Mobile activities for TV watchers

INFORMATION SUBMITTED

Families today are spending more and more time in front of the TV and less and less time being physically active. While many families would like to be more active, it can sometimes be difficult to give up their favorite television shows for exercising. So why not compromise and try these mobile activities from the Activ8 program during the commercial breaks!

Captain Push 'n Crunch - Challenge yourselves to do as many push ups (i.e. using the wall, going from their knees, or from their toes) as you can during one commercial. For the next commercial, challenge yourselves to do as many crunches (i.e. shoulder blades off the floor, hands up to knees) as you can. Continue to alternate between push-ups and crunches for the remainder of the commercial break.

Step to it - During the commercial break, walk up and down the stairs once before returning back to the TV.

Happy Hearts - When

the commercials begin, get out of your seats and try to sustain activity for the entire commercial break. Try marching or jogging on the spot, jumping jacks, or stepping side to side. You might even have a different family member lead the activity for each commercial break during a TV program. Small bouts of physical activity (i.e. during commercial breaks) can improve your family's overall health and fitness levels. activ8 your family's TV time tonight!

Dance your way to better health

INFORMATION SUBMITTED

Whether you are able-bodied or recovering from injury or illness, dance can benefit both body and spirit.

"Dance can help improve balance and coordination," says Louis Biasin, physiotherapist at the Toronto Rehabilitation Institute, where dance has been incorporated into the line-up of therapy and activities for patients who have had strokes.

"After a stroke, people often have weakness on one side of their body. Dance is a fun way to practice bearing weight with both legs to

help improve balance reactions, coordination and confidence," says Biasin. "The smiles on patients' faces are reward enough. Dance is good for the spirit."

Any type of dance and music will do - as long as it appeals, says Biasin. Dance can be adapted to a participant's physical condition. Some in Biasin's group use canes, walkers or wheelchairs.

Many dance with a staff partner so they can stand and move to the music. "Check with your therapist or doctor before starting something new," says Biasin.

"Dance is therapeutic on the most basic level," explains Spirit Synott, a well-known Toronto wheelchair dancer, who also teaches dance to patients in the Spinal Cord Rehabilitation Program at Toronto Rehab, Canada's largest provider of adult rehabilitation services. "Dance is a way of being socially interactive."

Indar Singh, a patient with paraplegia, was keen to learn to dance in his wheelchair. "Dance is important as a form of self-expression, no matter what condition you are in," he says. "Coming from Trinidad, I've grown up with rhythm in my soul, and dance is important to me."

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Dynamic gospel music duo visits Elk Point church



Gladys and Harry Rusk entertained the congregation of Elk Point Christian Community Church with their old-time and contemporary gospel music as well as uplifting and thought-provoking messages.

VICKI BROOKER PHOTO

By VICKI BROOKER
Review Staff

The congregation of Elk Point Christian Community Church had a special treat on Sunday with the visit of gospel singers Gladys and Harry Rusk.

The Rusks have many recordings to their credit, and are popular gospel music artists in Nashville, where they will be appearing later this month at the cowboy church in Troubadour Palace.

The couple lives at Carrot Creek, Alberta, but have spread their music and their message across Canada, the US and many other countries around the world.

Harry Rusk is originally from a First Nations reserve near Fort Nelson, but "walked away from my people 50 years ago on the 15th of March. Our village consisted of booze, home-brew and beatings. One brother, my dad and my mother died of tuberculosis... and my bad-tempered stepfather told me I'd never get anywhere."

Rusk himself was a victim of tuberculosis, and spent four years in a sanitarium in Edmonton as a child.

"The Red Cross donated radios to the very ill, and I first felt the touch of God in

the songs I heard in that room. The devil came into that room to kill me, but I called out to the Lord and He saved me."

Back on the reserve after his recovery, Rusk and other youngsters from the community benefitted from the generosity of the American soldiers who were in the area to build the Alaska Highway. "They built a hospital, and gave us love, medication and food."

An American flyer who parachuted to escape a crash when his plane went down en route to Anchorage, Alaska was found near his home village by friends of Rusk's family. "I always wanted to know what happened to that soldier. Three weeks ago, I located him. He lives in Austin, Texas and became the captain of US1 when Eisenhower was president. My goal is to take that pilot to the site of the crash, and to lead him to Jesus."

Rusk and his wife sang both contemporary and old-time favorite gospel music, along with their testimonies of the power their faith has had in their lives.

The Rusks also met with congregations in Goodfish Lake and Saddle Lake as part of their tour of northeast Alberta.

New parenting videos @ your library

By DAPHNE SCHNURER
Librarian

A block of 17 new parenting videos was received at the library this week. These were also made possible by a donation from the Alberta Children's Services. Be sure to have a look at this exceptional block of materials.

Titles include: "Precious Minds," "Massage You and Your Baby," "Preparing For Baby," "Birth Plans," "Relaxation," "Nutrition During Pregnancy," "Exercise During Pregnancy," "Choosing a Practitioner," "Planning for Childbirth," "Common Discomforts of Pregnancy," "Postpartum," "Emotional Impact of Pregnancy," "Birth Complications," "Normal Birth," "Fertility," "More 123

Magic" and "The Happiest Baby on the Block."

"Nine Months" is a 13-week television series on pregnancy. Each program focuses on important issues. If you don't have time to read, this could be your answer. Stop in and check out this very informative series.

Obituary

KRUCIK, Walter
March 8, 1903-Jan. 31, 2005

Walter died peacefully with his sisters nearby. Born in the village of Shmankivchiki, County of Chortkiw, Galicia, Western Ukraine, Walter was the eldest of 10 children born to Vasily & Magdalena. He immigrated to Canada in 1907 with his parents and brother, Joseph. They settled briefly in Winnipeg then moved first to the vicinity of Angusville, Manitoba then on to the farm at Primula, Alberta. There, Walter received his basic education, then worked the farm with his father and family. Walter is survived by 1 brother & 2 sisters, Lillian & Zelma Krucik both of Elk Point & Gerald (Donna) Krucik of Edmonton; 2 sisters-in-law, Phyllis Krucik of Edmonton & Anne Krucik of Nanaimo, B.C.; 1 brother-in-law, Ernie Clack of Myrnam; numerous nieces and nephews; 1 son & 1 daughter, Edward & Florence & 3 grandchildren. He was predeceased by his parents, Magdalena & Vasily; 3 brothers, Joseph, Dan & Ernest & 3 sisters, Anne, Olga & Leona.

A Divine Liturgy & Funeral Service was held Saturday, February 5 at 10:30 a.m. at Holy Eucharist Ukrainian Catholic Church, Elk Point. Reverend Father R. Dobrianski was the celebrant with interment in the church cemetery. Walter lived a gentle and good life, retiring to live in Elk Point then in Heritage Lodge and his last years in Parkview Extended Care. The family thanks Parkview staff, residents, doctors and especially sisters, Lil & Zelma who ministered to him these last years. If desired, donations may be made to the Residents Council, Parkview Extended Care or the charity of one's choice c/o Box 425 St. Paul, AB T0A 3A0.

Yewchin's Funeral Chapel Ltd., St. Paul (780) 645-5177.

Reminders:

Storytime goes every Friday morning at 10:30. There is no cost, and everyone is welcome.

The next Seniors Tea will be Tuesday, March 1 at 2:00 p.m.

The Library's next bingo is April 18 at 5:00 p.m. We are always on the lookout for bingo workers. If you can help us out, please call the library at 724-3737.

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Sunday at 11 a.m.

Library Lovers' Month

Pioneer Circle bingo

January 31, 2005

Josie Zarowny \$4, Helen Trach \$48, John Wozniak \$93, Christina Desjarlais \$4, Sophie Stamp \$29, Flora Gladue \$8, Kay Charchun \$40, Jean Ference \$45, Christina Desjarlais \$20, Helga Vaughan \$20, Harry Shankowski \$20, Marlene Lajimodiere \$20, Helen Gulayec \$20, Louise Voutour \$20, Flora Gladue \$20, Jean Duffy \$18, Walter Anderson \$27, Leatha Ockerman \$44, Kay Wozniak \$125, Randy Diesel \$25, Ann Zayac \$24, Rose Anderson \$24, Sylvester Gladue \$24, Vi Lillemoen \$10.

Announcement

O Holy St. Jude

Apostle martyr great in virtue and rich in miracles, near kinsman of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg to whom God has given such great power to come to my assistance.

Help me in my present urgent petition. In return I promise to make your name known and cause you to be invoked.

Say three Our Fathers, three Hail Marys and Glorias. Publication must be promised. St. Jude pray for us and all who invoke your aid. Amen.

This Novena has never been known to fail. It is said for nine consecutive days.

Thank you for favor received. A.R.

ELITE THEATRE

24 Hr. Info Line 645-3448
or Toll Free 1-866-245-3448
Visit us at: www.magiclanterntheatres.ca

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1 AUCTION

AUCTION, February 12/05, 10 a.m., Montgomery Auction Sales Center, 1 mile North of Blackfalds on Hwy. 2A, 2 miles East on Lakeside Sargent Road. Selling 25 - new 3 and 4 wheeled power scooters, power wheelchairs, 56 - new recliner medi-lift chairs, new lawn, garden accessories; hand, power tools, vehicles and more. Website: www.montgomeryauctions.com. Call 403-885-5149.

UNRESERVED HARDWOOD/Laminate Flooring, Sunday, February 13/05, 1 p.m., Exhibition Park, 4608 - 38 Ave., Cold Lake, Alberta. Terms cash, Visa, debit, M/C. 10% buyers premium. No cheques, 1-800-251-1441; www.lindstranductions.com.

CONSIGN NOW for another Wild Rose Auction. Tools and antiques. Sat., Feb. 26, 10 a.m., 1 mile South of the Trans-Canada on Hwy. 24. Consign now. For advertising 403-934-3959.

2 AUTO

AUTO/TRUCK PARTS. Wrecking over 1600 vehicles. Engines, transys, diffs, lights, body parts, etc. All makes, models. We ship anywhere. Northeast Recyclers 1-878-871-0482.

RATHER TINKER with the lawnmower than mow the grass? Turfgrass Equipment Technician training at NAIT, Fairview, Alberta Campus. Repair parks, sportsfields, golf course equipment. 1-800-661-4077; www.nait.ca.

NEED A VEHICLE? We have over 100 in stock and we have car loan money to lend! Call Marcel Denis, Supreme Motors, Wetaskiwin, Alberta, 780-352-4601.

CREDIT RANCH. Bank refused? Poor credit? No credit? Bankruptcy? Divorced? Are you presently employed? Apply today for a chance to drive away in the car of your dreams. Apply online: www.creditranch.ca. 1-877-687-7255.

4 BUSINESS OPPORTUNITIES

EARN \$2000. - \$5000. or more potential per week. Part-time. No selling. Training. Support. Serious inquiries only. 24 hour info message. 1-888-682-3948.

DIVERSIFY your agri-business. Growers needed for Echinacea. Limited contracts available. More info at www.naturespurenatural.com or 780-493-1998.

WESTON BAKERIES distributorship in West-Central Alberta. As an independent distributor, net upwards of \$1200/week. For more information, call 780-865-1617 before 8:30 p.m.

6 EMPLOYMENT OPPORTUNITIES

OLDS COLLEGE 16 week pre-employment welding program at Hanna, Alberta, April 4, 2005 to July 22, 2005. Earn 1st year apprenticeship technical accreditation! 1-800-661-6537 ext. 7956; www.oldscollege.ca.

OLDS COLLEGE Equine courses. Understanding the Broodmare, horse breeders school, transported semen, fundamentals of equine frozen semen, foaling the mare. 1-800-661-6537; www.oldscollege.ca.

EXCITING WELL paid careers. Computer programming/internet website design. Home study diploma. Laptop computers provided. Free enrolment kit 1-800-477-9578 (24 hours) CMS Training.

FULL-TIME FLEXI-COIL setup/service technician required at George's Farm Centre Ltd., Penhold, Alberta. Please fax resume to 403-886-4212.

IF YOU ARE an owner/operator and are tired of getting ripped off by your company, low miles, no miles, waiting time or short trips. Call 306-861-9288.

6 EMPLOYMENT OPPORTUNITIES

FLOORING INSTALLER WANTED. Experience and references required. Must have own van and tools. Year round work. Phone 403-223-2832, Taber Floorcoverings Ltd.

JOURNEYMAN AUTOMOTIVE technician or apprentice required at modern Dodge dealership. Top wages. Benefit package. Contact Dave at Wainalta Motors Wainwright, Alberta. Phone 1-888-842-4471. Fax 780-842-3812.

NORTHWEST EQUIPMENT LTD. An Air-drie based compressed air solutions provider for the Western Canadian and international marketplace, is expanding and actively seeking individuals for the following positions: Senior service technician; Order desk; Shipper/receiver; Driver; Production/packager; Service coordinator/assistant; Bookkeeper; Junior project coordinator. Please forward your resume, by fax to: 403-945-1910 or by email info@nwequipdtd.com.

3/4TH YEAR or HD/ag mechanics required immediately. Case IH/New Holland experience an asset but not necessary. Competitive wages, excellent benefits. Send resume: Attention: Blaine cte5@telus.net. Fax 780-672-4582 or 4149 - 39 St., Camrose, AB, T4V 3X8.

FORD PARTS person required: 3 - 4 year apprentice technician, parts and service assistant. Competitive wages. Full benefits. Fax resume: Swallow Ford Sales Ltd., 403-742-1544. Attention: Lori.

THE GROCERY PEOPLE LTD. (TGP) is a growing wholesale/retail organization, which provides goods and services to a large independent grocery and food service industry. We are currently recruiting for the following position in St. Paul, Alberta. Store Manager, Cash & Carry. Our Cash & Carry serves both retail food customers and Food Service accounts in St. Paul and the surrounding area. As Store Manager, you must assume full responsibility for all aspects of successfully operating the location, including marketing, merchandising, expense control and human resources management. The successful candidate will be responsible for servicing established accounts and actively pursuing new customers in the area. Applicants must have a proven track record in Food Service sales or management. Knowledge of food service product lines is required and familiarity with meat and/or center of the plate items is an asset. This position maintains a high volume, demanding workload, which requires superior skills in communication, leadership, organization and delegation. TGP offers a competitive compensation and health benefits package, which includes a pension plan, as well as the opportunity for personal and professional development. If you have the experience, skills and ability to succeed in this position, please send a resume, stating salary expectations to: Human Resources, The Grocery People Ltd., 14505 Yellowhead Trail, Edmonton, AB, T5L 3C4. Fax 780-452-7759. Email: humanresources@tgp.ca. We thank all applicants for applying, however, only those selected for an interview will be contacted.

HI-WAY SERVICE INC., has a 45-year history in Alberta as the largest Case IH agricultural/construction dealership, with seven locations in Southern Alberta. Administrator - Taber. Have a proven track record in customer relations and are driven towards a customer-focused environment. Be comfortable working in a multi-task environment. Familiar with labour sales budgeting/expense budgeting. Possess communication, interpersonal and organizational skills. Leading with a professional manner and you must possess strong employee relations' experience. Our compensation package is structured to reward determination and a strong work ethic with a premium salary. Will pay moving allowance. Employee benefit package and profit sharing. Apply to: Human Resources. Fax 403-327-3545. Email: hrdept@hiwayservice.com. We thank all applicants for their interest, but advise only those selected for an interview will be contacted. No phone calls please. Hi-Way Service Inc.

NORTHERN BC OILFIELD opportunities. Well and plant operators, Class 1 drivers, heavy duty mechanics and many more positions. Job board updated daily; www.maccna.com. No charge to submit your resume and let us match your skills to an employer in NE BC. Apply online or by fax. Macenna Staffing Services, Fort St. John, BC. Phone 250-262-2006. Fax 250-785-4795; apply@maccna.com.

6 EMPLOYMENT OPPORTUNITIES

CHAIN LAKES Gas Co-op Ltd. is seeking a candidate to fill the position of General Manager. This position reports to the Board of Directors. Your greatest asset would be good managerial skills and extensive knowledge of rural gas distribution systems. Commencement date is March/05. Send resume to: Attention: Board of Directors, Chain Lakes Gas Co-op Ltd., Box 60, Tees, AB, T0C 2N0. Email: chainlks@telusplanet.net. Fax 403-784-3111. Deadline February 15/05.

FULL-TIME ACCOUNTING administrator required. Duties include GM invoicing and receivables, A/R and A/P reconciliation, inventory control, payroll, month end/year end reporting. Previous accounting experience an asset. Must be comfortable with computers and working in fast paced environment. Apply to Grizzly Trail Motors, Trevor Steinbring, Box 4497, 6201 - 49 St., Barrhead, T7N 1A4. Email: trevor_gtm@hotmail.com. Phone 1-780-674-2236. Fax 1-780-674-4657.

DOWNER CONTRACTING requires full-time truck drivers, Class 1 or 3, air brakes. Full-time equipment operators, minimum three years experience. Call 403-609-8272 or fax resume 403-609-9529.

GET CONTROL of your hunger. Lose weight now. Free gift for new customers. 780-955-7587; www.herbalhealthname.com.

GOLDSTAR TRANSPORTATION is currently recruiting drivers and lease operators. We offer full-time, year-round employment and competitive wages. No class one? As about our "Arrowtrack career path" training program and start a new career today! Fax current drivers abstract and resume to Dave Elliott 250-374-0250 or apply online at Arrowtransportation.com.

MYSTERY SHOPPERS WANTED. Get paid for shopping and dining out. \$24/hour plus free merchandise and meals. Free brochure and enrollment form. Shopaid: 104 - 2192 Queen St. East, Toronto, ON, M4E 1E6. 416-761-5629.

HEAVY DUTY MECHANIC. Journeyman required by our client, Schlumberger Well Services, Medicine Hat. Forward resume, clean drivers abstract, Grade 12 diploma to Casa Employment Agency fax 403-529-1805. Email: kathy@casabusines.ca. Also hiring Class 1/3 Driver Operators.

TUBOSCOPE - A Varco Company, seeking qualified applicants for various positions throughout Alberta. Positions: Field and Plant Operators (drill pipe inspectors, tubing inspectors, handband operators, drill collar inspectors, crewmen). Plant Operations (inventory control personnel, loader operators). Inspection operation locations include Drayton Valley, Grande Prairie, Slave Lake, Lloydminster, Bonnyville, Provost, Nisku, Red Deer, Brooks. Tuboscope offers on-the-job training; potential for advancement and relocation within the organization, competitive pay, great benefits. Fax resume 780-980-1451. Email: jobsCanada@varco.com. Call 780-955-7675.

WORK FROM HOME on your computer. Full or part-time. No experience required. Start today. Visit our website now: www.MyHomeCJob.com. Code A1.

WANTED restaurant cook for year round employment. Located in Northern BC. Meals and accommodation are provided. Fax resume to 250-232-5215 or phone 250-232-5401. Email: toadriverlodge@telusnet.com.

PLUMBER/GASFITTER needed immediately for well established company located in Stettler, Alberta. Competitive wage and full benefit package. Fax resume a.s.a.p. to 403-742-1826.

SPEARING SERVICE LTD. Wanted: Heavy duty mechanic for oilfield trucking operation offering competitive wages and excellent benefit package. Apply by faxing resume to 306-483-2910 or call Gary at 306-483-2828.

HEAVY DUTY SHOP MECHANIC. Seeking journeyman heavy duty shop mechanic for Edmonton based heavy equipment dealer. Candidate must have hydraulic and electrical experience on excavators/cranes. Equipment Sales & Service, Service Manager, 2111 - 80 Ave., Edmonton, T6P 1N3. Fax 780-440-4787. No phone calls please.

AUTOMOTIVE TECHNICIANS needed for rural Alberta Ford dealership. Brand new facility in Spring 2005 with two shifts available. If you want to join a successful team, email us explaining how your experience and personality can have a positive impact on our business; service-manager@ducharmemotors.com.

6 EMPLOYMENT OPPORTUNITIES

REPORTER REQUIRED. Reporting, photography, pagination, Quark Xpress experience an asset. Scheduled hours, alternating weekends. Fax resume 403-823-6813. Mail: Box 1627, Drumheller, AB, T0J 0Y0.

LINE COOK. Work and live in the mountains. Full-time position with The Killmorey Lodge in Waterton Park, Southern AB. Website: www.watertonpark.com. Fax 403-859-2342. Email: info@watertonpark.com.

SALESPERSON REQUIRED. Drumheller, Alberta. Must have previous sales experience. Base plus commission. Excellent established client base. Fax resume: 403-832-6813. Email: info@valleytimes.ca.

NORTHEAST ALBERTA community newspaper requires an experienced graphic artist. Competitive salary and benefit package. Apply to Bonnyville Nouvelle, Fax 780-826-7062 or email: cgaureau@greatwest.ca.

7 ENTERTAINMENT & EVENTS

COME HOME to celebrate Stettler's 100 Year Anniversary, July 28 - Aug. 1, 2005. For more information email: arwillis@telus.net or phone Alan 1-877-742-9499.

DESIGN YOUR OWN environmental farm plan (EFP) by attending a free, local workshop. Completed EFPs are eligible for project funding. For workshop information call 1-866-844-2337.

8 FEED & SEED

ROUND HAY BALES for sale. Cheap. Free delivery, self-unloading. No Sunday calls please. 403-843-6380. Also wanted Dodge diesel.

OATS, BARLEY, WHEAT. Buying feeds grains of all types. Wheat, oats, barley, peas, rye...heated or green canola. On farm pick-up. Westcan Feed and Grain, 1-877-250-5252.

OATS WANTED

ON FARM PICKUP
Immediate Payment.
Toll Free 1-866-349-2056

9 FOR RENT

FOR RENT - Mobile home on acreage, 1 mile north, 1 mile west of Elk Point. \$600 / month plus utilities. Phone 780-826-1715 evenings. xxx

SUITES AVAILABLE FOR RENT IN Buckingham House (Senior Housing) Phone 724-3180 LEAVE A MESSAGE

10 FOR SALE

ITALIAN LEATHER - Sofa and loveseat. Never used. \$1,549.00. Phone 780-826-1039. xxx

TERMINATOR INSULATED Effluent Fields. Increase bio-activity and protect your new field from freezing. Specify Terminator chambers, North America's only insulating septic field chamber. Alberta-made. Details: www.beverplastics.com.

SPA/HOT TUB covers. Manufacturer selling direct to public. \$335. delivered to your door. Call 1-866-343-0014.

THE CONTAINER GUY. 20, 40 and 48' containers. Weather, bug and rodent proof for storage. Will deliver anywhere. Excellent condition. Information, phone 780-307-4656.

10 MILLION sq. ft. Liquidation. Laminated 49/sq. ft., 12ml laminate \$1.99/sq. ft.; laminate tile from \$.99/sq. ft. 3 1/4" oak, maple or birch pre-fin \$3.99/sq. ft.; 3 1/4" Japanese cherry pre-fin \$4.75/sq. ft. Tons more! 1-800-631-3442.

6.5 DIESEL OWNERS. Prevent engine failure. High capacity replacement oil cooler kit. 50% more cooling capacity. Improved lines and fittings. Extreme temperature tested. DSG 1-800-667-6879.

DIESEL TRUCKS. Make it fly improve pulling power, economy. Chips, kits for Dodge, Ford, Chev. Up to 100 HP, 260 lbs. torque extra. Simply unbelievable. DSG 1-800-667-6879.

10 FOR SALE

DIESEL PERFORMANCE. Repair. 23 years in business. pumps, injectors, chips, AFE cleaners, engines, turbochargers, overhaul kits, tuneups. HD, LD, agricultural expert, friendly. DSG. Phone 1-800-667-6879.

WHOLESALE ENGINE PARTS. Cummins overhaul kits from \$1046. Cat 3406B from \$2195. Best quality at factory direct prices. Detroit and all makes. Exchange Engines. DSG 1-800-667-6879.

GM 6.5 ENGINES. Brand new Hummer style blocks. Extra strength, high nickel. Guaranteed no more cracks, premature failures. Only \$8550. Drop in \$10,850. DSG 1-800-667-6879.

FUTURE STEEL BUILDINGS. Durable, dependable, pre-engineered, all steel structures. Custom-made to suit your needs and requirements. Factory-direct affordable prices. Call 1-800-668-8653 ext. 536 for free brochure.

NO MONEY DOWN! Black/Silver P4 computers \$49/month. January Blowout! 12/month no interest, no payments or rent to own. Ideal for children's education. 1-866-858-0660.

NEED MONEY FAST. Immediate approval. Credit, age, income are no barriers, debt consolidation, interim financing, home purchase, small business start-up. Consolidated Mortgage and Loans. Members BBB 1-780-452-5858.

MUST SELL dining set, 13 piece Cherrywood, cost \$11K \$3,995. Bedroom set Cherrywood, 6 piece, cost 9K \$3,295. New pool table, 1 inch slate \$1,795. Queen mattress \$275. 403-259-4463.

SAWMILLS from \$3,495. LumberMate-2000 and LumberLite-24. Norwood Industries also manufactures utility ATV attachments, log skidders, board edgers and forestry equipment; www.norwood-industries.com. Free information, 1-800-566-6899 ext. 400 OT.

NEED A PHONE? Connect for just \$36.95 a month! Transfer from your current reseller for free! Ask about our new pricing on features; www.telereconnect.com. 1-866-392-5066.

EVERYONE'S APPROVED! Get a fully loaded MDG computer with an Intel 2.8GHz CPU starting from 73 cents/day or \$799. **! Includes everything you need: free printer/scanner/copier, free software, 17" perfectly flat monitor, Windows XP (*bank account req. **plus s/h and tax). 1-800-236-2504.

DISCONNECTED HOME PHONE? 1st month only \$19.95 + connection. Long distance available. Paying too much with your current reseller? Will transfer you for free! Call now toll free 1-877-551-5511.

FOR SALE - Clothing returns from major Canadian retailers. Pallet or truckload sales. Great for Thrift/Consignment Stores, liquidators, flea markets, ebay, auctioneers. Call 1-800-266-2807; www.vdcanada.com

STEEL BUILDING SALE. "Rock bottom prices!" Last chance. Beat next price increase. Go direct/save. 25 X 30; 30 X 40; 40 X 80; 50 X 90. Many others. Pioneer 1-800-668-5422. Since 1980.

LAPTOPS and computers. 12 months - no interest no payments. Only \$27/month or \$0.81/day. Easy telephone approval. All applications accepted. Call for immediate approval. 1-877-992-9992.

2005 MODELS. Modulars, triple wides, 2 storey, 20 and 16 wides. Basement and nonbasement. Variety of decors, floor plans, exteriors. Jandel Homes, 1-800-463-0084; www.jandelhomes.com.

LIMITED NUMBER of homes available at this special price. 20 wide home only \$69,900. Call Ridgewood Homes today. Edmonton 1-866-960-2112. Calgary 1-800-797-5717. Red Deer 1-800-797-5714.

13 LIVESTOCK

7 RED / WHITE FACE COWS - Bred to Red Angus bull. Due to start calving March 20th. \$700. Phone 645-6929. Feb15

SALER BULLS FOR SALE - Scattered Spruce Salers. Phone 780-768-2284. Mar15

8 BRED POLLED HEREFORD HEIFERS - Females. Phone 726-3751, Lakes Ranch.

YES! Look a gift horse in the mouth. Study horse training. Horsemanship at NAIT, Fairview, Alberta Campus. On campus arena. Residences. September 2005. 1-800-661-4077; www.nait.ca.

CLASSIFIED AD RATES

ELK POINT REVIEW Tuesdays - \$5.00 per week + GST

ST. PAUL JOURNAL Tuesdays - \$6.00 per week + GST

BONNYVILLE NOUVELLE Mondays - \$7.75 per week + GST

COLD LAKE SUN Tuesdays - \$8.75 per week + GST

COMBINATION OF 3 PAPERS - \$14.00 / WEEK

COMBINATION OF 4 PAPERS - \$18.00 / WEEK

(20 cents per word per newspaper insert over 20 words)

lakeland marketplace COMBINATION CLASSIFIEDS

Your classified ad can be read in over 10,000 papers. Select your classified readership for as little as \$5.00 / week.

** Bonus: St. Paul Journal Classifieds

also featured online at www.spjournal.com

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phoned.

THE WINNING TEAM



Place your order at either of our offices:
Elk Point Review - 724-4087
St. Paul Journal - 645-3342
Classified Ad Deadline: Thursday at Noon

15 MACHINERY

FOR SALE - 20' Kellough disc; 4840 J.D., 3 hyd. w/Leon 808 FEL, grapple; 26' swather, S.P., cab w/Bergen TSP. Phone 635-2577. Feb8

16 WEEKS to 1st year apprenticeship. Pre-employment carpenter, welder, millwright training. Gain entry-level skills. Challenge apprenticeship exam. NAIT, Grande Prairie, Alberta Campus. September 2005. 1-800-661-4077; www.nait.ca.

16 MISCELLANEOUS

8-PIECE SOLID CHERRY WOOD - Bedroom suite. Cost \$7,500, sacrifice \$3,295. Phone 826-1039. xxx

KING SIZE PILLOW TOP - Bed set, box spring and mattress. Brand new, never used. \$650. Phone 826-6873. xxx

QUEEN BED ORTHOPEDIC - Double pillow top box spring and mattress. Brand new, still in plastic. Cost \$795.00, sacrifice \$350. 826-1039. xxx

10 MILLION sq. ft. Liquidation. Laminated \$49/sq. ft.; 12ml laminate \$1.99/sq. ft.; laminate tile from \$.99/sq. ft.; 3 1/4" oak, maple or birch pre-fin \$3.99/sq. ft.; 3 1/4" Japanese cherry pre-fin \$4.75/sq. ft. Tons more! 1-800-631-3342.

METAL SIDING/ROOFING: Best prices in Alberta! 32" V-Rib/36" Tough-Rib \$.65 sq. ft. Galvalume white, coffee brown, tan, charcoal, stone grey, red, taupe, dark green \$.85 sq. ft. Other colours available. Alta-Wide/B.H.L. Builders Supplies 780-887-0355.

GET PAID to hit the golf course? Turfgrass Management Technology training at NAIT, Fairview, Alberta Campus. On-campus greenhouses, golf course, sand lab. 1-800-661-4077; www.nait.ca.

ALL CREATURES great and small! Study Animal Health Technology at NAIT, Fairview, Alberta Campus. Full working farm - large and small animals. Residences. September 2005. 1-800-661-4077; www.nait.ca.

CASH NOW. Over the phone approval money for any purpose anywhere. Debt consolidation, business, equipment, mobiles. Rates starting at 7%. No refusals. 780-484-5834.

17 NOTICES/LEGAL

GET PAID to hit the golf course? Turfgrass Management Technology training at NAIT, Fairview, Alberta Campus. On-campus greenhouses, golf course, sand lab. 1-800-661-4077; www.nait.ca.

MECHANICS in great demand! Study General Mechanics at NAIT, Fairview, Alberta Campus. Challenge first-year automotive or heavy equipment apprenticeship exam. Residences. September, 2005. 1-800-661-4077; www.nait.ca.

LAKES, SUN, BOATS, pay cheque = Marine Service Technician training. Learn to repair outboards, inboards, stern drives, personal water craft, etc. NAIT, Patricia Campus, Edmonton. 1-800-661-4077; www.nait.ca.

18 PERSONAL

DRUG/ALCOHOL. Help a loved one who's losing everything to drugs or alcohol. 75% success rate. 100% natural; www.narconon.ca. 1-877-782-7409.

LIFEMATES THE relationship people. Single? Meet your mate, guaranteed! Call Canada's largest and leading relationship company today at: 1-888-54MATES (62837) or visit us at www.lifematescanada.com.

ALL KINDS of psychics. Be ready for 2005! Love? Money? Life? 1-900-677-5872 or 1-877-478-4410 V/MC/AmEx 24/7. \$2.99/min. 18+; www.mysticalconnections.ca

20 REAL ESTATE

WHISPER RIDGE - 13 Okanagan-Thompson CHBA gold and silver awards for this project. Beautifully treed and valley views, 1 - 3 acre homesites. All services underground. Paved roads. 160 acre private park (The Ranchlands). 8 miles to Vernon and 40 minutes to Silver Star Mountain. Homesites from \$115,000. - \$160,400.; www.whisperridge.com. 250-545-5472. 1-800-493-6133.

ATTENTION DEVELOPERS: 12 lots, 2 titles, 6 lots each. 50 X 120 partial services. Asking \$3,000. each. Residential lots. 50 X 120 corner lot, full service at lot. Asking \$5,000. Family business. Pub/restaurant/hotel. Turnkey operation. Selling due to health. Courtesy to realtors. Asking \$215,000. Phone 780-877-2537. Fax 780-877-2528.

21 RECREATIONAL

WANT A RECESSION proof job? Try power engineering. 38 weeks to 4th class certification. Work experience, lab and classroom instruction. Fairview, Alberta. Residences. September 2005. 1-800-661-4077; www.nait.ca.

22 SERVICES

CRIMINAL RECORD? Canadian pardon seals record. U.S. waiver permits legal American entry. Why risk employment, licensing, travel, arrest, deportation, property confiscation? Canadian - U.S. Immigration specialists. 1-800-347-2540.

22 SERVICES

DEBT STRESS? We can help you avoid bankruptcy through debt consolidation. Achieve peace of mind. Visit us online at mydebtsolution.com or call toll free 1-877-556-3500.

24 TRAVEL

GOWALKABOUT TRAVEL LTD. Down under travel specialists. We can tailor make your vacation. Australian owned and operated. Call Dianne 780-428-3798. Toll free 1-877-328-3798.

ALL INCLUSIVE HOLIDAYS - Cheapest airfares and package prices in Canada. Discounted cruises, hotels, cars. Book online now and save; www.canadatravels.com or call toll free 1-800-563-5722.

TIMESHARE RESALES - RiiStroman.com - Since 1979. Buy-Sell-Rent-Exchange. World wide selection. Call now! 1-800-201-0864.

25 WANTED

WANTED BREEDING BOAR - And also 22-250 rifle. Phone (306) 839-2073. Feb15

WILD FUR WANTED - Coyotes, fox, beaver, etc. Also shed antlers, Bonnyville (Western Pride Auction) - Dec. 18 at 11:00 am; St. Paul Auction 1:00 pm, Elk Point Cattle Arena 3:00 pm - January 15, Feb. 19, March 19. Phone 1-780-755-3860, Licence No. GP 17999. Feb8

SLUTKER FUR/Halford Hide buying whole carcass beaver and coyote in Edmonton. Looking for experienced skimmers to work on site. Contact Stephan 1-800-353-7864 ext. 209.

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Auctions, Autos, Commercial Real Estate, Feed and Seed, Garage Sales, Livestock, Machinery, Miscellaneous, Pets, Real Estate, Recreational Vehicles and More
Call Today
ELK POINT REVIEW 724-4087
Classified Ad Deadline - Thursday at 4:00 p.m.

THE CLASSIFIEDS
small ads BIG deals

Deadline for alternative livestock program changed to February 28, 2005

COPY SUBMITTED

The application deadline for the Alberta Industry Transition Program for Other Ruminants has been changed to February 28, 2005. This is one month earlier than the original March 31, 2005 deadline.

This program was designed to assist sheep, goat, deer, elk, reindeer and bison producers who are suffering from

lack of access to U.S. slaughter facilities and markets. The program deadline has been changed to ensure that applications are received prior to the date set by the USDA for the border opening.

The Alberta Industry Transition Program for Other Ruminants will compensate producers in the form of a per head payment on 80 per cent of their mature herd or flock. In addition, Alberta will be contributing further support, essentially doubling Alberta's portion of the national program. For example, under Alberta's share of the program, bison producers will receive \$40 from the provincial share of the national program, plus an additional \$40 for Alberta's top-up per eligible animal.

Alberta's sheep, goat, deer, elk, reindeer and bison producers wishing to apply under this program can download application forms from Alberta Agriculture's web site at www.agric.gov.ab.ca. Application forms are also available at all MLA offices or by calling toll free 1-866-317-3601.

PRODUCTION OPERATORS

Require experienced BATTERY OPERATORS, HEAVY OIL AND GAS COMPRESSOR STATION OPERATORS for camp positions in N.E. Alberta. References and drivers abstract are essential.

Please reply to email address

ace33@telusplanet.net

or fax to (780) 675-9409

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Aspen Regional Health Authority

ELK POINT HEALTH CARE CENTRE



Administrative Secretary

The Elk Point Health Centre is currently recruiting for a Full-Time Administrative Secretary. Duties include administrative / clerical, payroll and communication support. Excellent computer skills required.

Forward resumes by February 14 to:

Paulette Levasseur, Facility Supervisor

Elk Point Health Centre

Bag #3, Elk Point, AB., T0A 1A0

Fax: 780-724-3085

Email: paulette.levasseur@aspenrha.ab.ca

Note: All new offers of employment are subject to a Criminal Records Check satisfactory to the employer. This information is collected by the authority of the Protection of Persons in Care Act (Section 5.3).

EMPLOYMENT OPPORTUNITY

General Manager / Community & Economic Development Officer

NORTHEAST ALBERTA COMMUNITY FUTURES DEVELOPMENT CORPORATION

REACH, an Alberta Community Futures Development Corporation comprising of the Counties of St. Paul and Smoky Lake has an immediate opening for a General Manager / Community & Economic Development Officer to be stationed in St. Paul.

The General Manager reports to the Board of Directors, and exercises direct authority over all personnel, activities and the day-to-day operations of the organization. The General Manager shall:

- * Develop policies, objectives and financial plans for Board approval and interpreting and executing corporate policies.
- * Manage all funds and conducting operations to achieve ongoing financial stability.
- * Assess all financing proposals and recommendations prior to review by the Board.
- * Coordinate all client and professional services offered by Community Futures.
- * Work with organizations and municipal departments to coordinate services, strategies, policies and to assist in business development.
- * Coordinate the preparation and administration of economic development plans, programs and strategies to attract new business and residential opportunities to the communities.
- * Maintain effective working relationships with investors, developers, business leaders, government officials, and other stakeholders. Ability to communicate effectively, both orally and in writing.

Applicants should have a post-secondary degree in Business or Economic Development or equivalent amount of experience, supplemented by a broad base of small business development experience, community economic development experience, strategic planning, marketing and financial analysis skills. The applicant must be highly motivated and possess excellent communication and organizational skills. Knowledge of small business and economic development programs is a definite asset.

Applicants having an economic development background and Community Futures experience will be given preference.

Applications are due to the Chairman by Friday, February 18, 2005 at 12:00 pm.

Please submit resumes to:

Dave Lashuk, Chairman

5837-44 Ave., St. Paul, AB., T0A 3A1

Fax 780-645-2930 or email: dlashuk@telusplanet.net

The Board of Directors thanks all interested applicants. Only those deemed qualified for the position will be contacted.

Storm warnings pre-empt Super Bowl

Super Bowl Sunday the pre-show starts at noon. And it's one for the money, two for the show, three to get ready.. Hold on now. We interrupt this regular scheduled program to bring you Storm warnings.

O.K., maybe the Storm fizzled a bit by the time it hit Elk Point. But it's still better than watching any pre-game football show that lasts four hours. On the ice Sunday afternoon, the Midget Girls Storm took on Macklin. With nine skaters and one goalie, the Storm still played one heck of a game

even though they lost 5 to 1. Catherine "the Great" Campbell scoring the only



**doug
BASSETT**

Review Sports

goal for the Storm, the Storm coming up short, short on the bench and short on the score sheet. But not for lack of effort from their part right from the start to the finish. Great improvement in all the players but really noticeable in Sarah

Proskiw, Natalie Maas, Kelsey Slywka and Catherine Campbell.

Atom Avalanche advance to Round 2

The best of the best play Tier 1 Atom hockey. That's the best there is in Atoms, there isn't AA or AAA, and its top teams play Tier 1. Most Tier 1 teams are bigger, stronger and quicker. The Atom Avalanche traveled to Marwayne to play in their annual tournament and most of the teams there were from the Tier 1 league. Kitscoty, Bonnyville, Red Deer, Vegreville, Lloydminster, they were all there. Brandon "the Roadrunner"

scored a hat trick in every game, it was a strong weekend for Trevor "the Kid" Ballas on forward, and Jamie "Fuzzy" Wozniak on the D. Some people may consider this a disaster, the Avalanche losing all three games this past weekend, but sometimes you have to play at this level to get better, not all the time mind you, but sometimes winning is not as important as the experience gained. Let's hope I'm right about this. Tonight the Avalanche play Smoky Lake in the second round of provincials. The 7 p.m. game is the first of the two-game, total -point series.

Novice Hurricanes to host Dewberry

The Novice Hurricanes took a well-deserved weekend off, and will hit the ice again this coming weekend. Dewberry will be in town to meet the Hurricanes down at the Thunder Dome on Saturday morning at 10.30 a.m.

This week at the Dome...

And of course, tomorrow night, Wednesday, February 9th at 8.15p.m., the St. Paul Hornets senior hockey team is playing Kitscoty right here in Elk Point, that's right, mark it down

and plan to be there.

Next week, Tuesday, February 15th, the monthly Elk Point Minor Hockey meeting at 7p.m., everyone is welcome as always.

And now for the K. A. Campbell's quote of the week. "Here's how bad the Islanders are: They've got Czechs defecting to get away from them." Last week's answer to: "The groundhog saw his shadow today. You know what that means in Toronto? Six more weeks of losing." - Disgruntled Toronto fan.

Do you have any scoops? Now you can email them to sportshound007@hotmail.com

Busy as usual during February at C. G. Baker Memorial Arena

By VICKI BROOKER
Review Staff

The C. G. Baker Memorial Arena is one of the busiest locations in Elk Point, with not a single blank date on the facility's

Bonspiel season coming

Elk Point Curling Club has now determined the dates of their 2005 bonspiel lineup.

The Mixed Bonspiel will go February 25 to 27, the Ladies Bonspiel on March 11 to 13, and the windup Funspiel on April 1 and 2.

February calendar.

Horse-related sports are big in the area, and nowhere is it more evident than here. Due to popular demand, there's something going on every single day or evening at the big blue building on the north side of town, with barrel racing practice every Monday and team roping practice every Wednesday. The facility is open for public riding on Tuesdays, Thursdays and two Fridays, as well as the lineup of special events.

This past weekend, the arena was the venue for the first of two Alberta Barrel Racing Association meets this month. The second will go on Sunday, February 27.

The first of two horsemanship clinics took place on Saturday and Sunday,

with a number of riders under the instruction of Darryl Schmidt. Another two-day horsemanship clinic is scheduled for February 19 and 20, instructed by Colin Balan.

This coming Saturday, the Buffalo Trail Team Roping Association will be in town for one of two jackpots, with the second scheduled for February 26.

Riders of all ages will compete at this coming Sunday's gymkhana, which will start at 1 p.m. The public is invited to come out and cheer on their favorites.

Of special interest to young riders from across the area is the 4-H Light Horse event which is slated for Friday, February 25 from 7 to 9 p.m.

SaskAlta hockey comes to Elk Point on Wednesday

By VICKI BROOKER
Review Staff

Attention, all you hockey-deprived fans out there, who have seriously missed SaskAlta league's brand of hockey since the Elk Point Elks hung up their skates. You have a treat coming this week, when St. Paul Hornets come to town to play a make-up game against the Kitscoty Monarchs.

Two of our favorite Elks players - Kerry Loughran and Doug Zarowny - are part of the Hornets lineup, along with Elk

Point area residents Mike Muese and Chris Bjornquist.

Zarowny, who was part of the Elks for three years before joining the Hornets, predicts "hard-hitting, fast action" in the game, and says the Hornets are having a great season, with 15 wins, three losses and a tie so far this year.

This may not be the only appearance here by the Hornets, either, according to Zarowny.

"Maybe we'll have some playoff games there - you never know."

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